

## What are the benefits of membership?



#### COMMUNITY

Whether helping in the kitchen or answering the phones, engaging meaningfully in a community environment raises hope and creates belonging for people facing mental illness.



#### SOCIALIZING

We believe in empowerment so adults living with a mental health diagnoses can be successful and have meaningful roles as co-workers, colleagues, family members, and friends.



#### WELLNESS

Living well makes a huge difference in the quality of our members' lives. This ongoing process of making choices toward a more healthier and successful life is encouraged and celebrated. Physical, spiritual and mental wellness is yours when you participate at Reclamation Clubhouse.



### INDEPENDENCE

I did it! Completing tasks and reaching personal goals gives you a feeling of accomplishment. Reclamation Clubhouse celebrates you as you move towards greater self-confidence.

# Belonging • Wellness • Purpose

To help yourself and others to achieve personal satisfaction in your day.

State:	Zip:
Phone:	



You will gain so much with us, as a member of Reclamation Clubhouse. We support you through the work-ordered day. There's nothing better than learning from your peers. Take advantage of the resources we have available at the Clubhouse and make yourself at home.

Want to learn something new? We have education. Want to get your body moving? We've got work out equipment! Not only that, we've got a great kitchen and dining room area for sharing a meal and conversation with friends.

Not only do we need you for the Clubhouse to operate, we need you for the Power of We. We need your smile... and for you to be there to share your day with someone else! We need people who want to belong, be well, learning, working, and giving back with purpose. Join us in a place where you can reclaim yourself. **Reclamation Clubhouse.** 

Detach and mail or email your contact informtion to clubhouse@pathwaytohope.org



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